

*Key Women Educators Impacting Education Worldwide*

## Meeting Schedule

**NOTE: Meetings are on Tuesdays at the Orozco Center Room 303 or on Zoom.**

### September 29, 2020

Video - Nadia Lopez, 2018 International Convention

### October 20, 2020

Caretaking Tips - Monique Jackson and Becky Garner

### November 17, 2020

Birthday Celebration - Savannah Cafe and Bakery (Webster)

### December 10, 2020 (Thursday)

Merry Christmas Celebration - Home of DiAnn Richardson

### February 23, 2021

Green Is Good for You - Diane Moose

### April 27, 2021

Be Ready for Anything - April Weisedel

### May 2021 TBD

Founders' Celebration

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Chapter Website:  
[www.zetaomega.org](http://www.zetaomega.org)

State Website:  
[www.dkgtexas.org](http://www.dkgtexas.org)

## A Word from Ana



Hello all,

Happy Thanksgiving! Thank you for joining our October 20th meeting. I hope you found Becky Garner's "Care Giving Tips" useful. (Please see page two.) This year has felt like a turbulent plane ride so it is important that we remember to put on our oxygen mask first before helping others. Only by taking care of ourselves can we truly help others!

I hope that the rest of the information that we shared during our October meeting was useful and I encourage you to join us for our next meeting that will take place face to face on November 17th.

The Thanksgiving season always reminds us about the many things in our lives that we are grateful for and finding new ways to express that gratitude. This year, more than ever before, we are grateful for the simple things in life—a place to call home, food on our table, and a friend to call whenever we are not feeling our best. At a time when many do not have a place to go, we are thankful that our home serves as refuge and we are thankful that we have food on our table to provide for our family. Most of all, we are thankful to have friends to share our life with during these uncertain times—even if it is through a phone call or a Zoom meeting. Yes, we have plenty to be thankful for! As for me, I am thankful for YOU this Thanksgiving season! Thank you for all that you do!



Sincerely,  
Ana Gonzalez

*"There is always, always something to be thankful for." - Unknown*

## November 17, 2020 Meeting



Our annual Zeta Omega Birthday Celebration will be held **Tuesday November 17, 2020 at 5:00 pm**. We will be meeting face-to-face in an area large enough for social distancing. As is our custom, we will gather at the Savannah Cafe and Bakery on Highway 3 (Old Galveston) in Webster and each order our own meals.

We look forward to seeing those of you who will be able to join us to celebrate the **58th birthday** of the Zeta Omega chapter of Texas DKG. We will provide the celebratory cupcakes!



YOU are the key

## From Our October Meeting

We had an excellent meeting in October and enjoyed the program brought to us by Becky Garner. For the benefit of those who were not able to make the meeting, we have compiled a list of care-giving tips that she provided

### Tips for Care Givers

1. Make sure that you take care of yourself.
2. Get help, you cannot do everything yourself.
  - Look for home care or home nursing companies.
  - Hospital social workers will assist you in finding help.
  - Home health aids provide services such as light housekeeping, cooking, and bathing the patient.
3. If you can, form a team of helpers. Make a schedule so that you have some help for at least part of a day.
4. Ask the patient what they want to do.
5. Do not wait until it is too late to converse about future care needs.
6. Find out what legal documents you have and/or need.
7. Have information such as the patient's insurance card, medication list, pharmacy number, doctors numbers, etc.
8. Update wills and trusts. Obtain separate medical and financial powers of attorney.
9. Keep information organized. Document doctor visits, legal visits, etc.
10. Keep the patient "in the loop" and make sure that they have frequent company.



## From the TSO Website

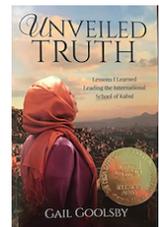


**92nd Texas State Organization** convention will be held in Denton, Texas. Activities will begin with the Children's Art Show and Leadership Seminar Reunions on Wednesday evening, June 16, and will conclude with the Celebration Brunch on Saturday, June 19.

*Read all about the upcoming convention in the convention newsletter [The Key](#).  
[The Key Volume 1](#)*

## From the DKG International Website

2020 Educators Book Award Winner, Gail Goolsby, felt called to move from the United States to develop and lead the international School of Kabul after the events of 9/11. **Her book, Unveiled Truth**, vividly describes the challenges for a woman in a male-dominated world where women were often devalued and considered weak. Gail spent 7 years learning of the culture and, although she faced many challenges, she was able to develop the school in 2005.



Gail was inducted into the Society in 2013 and has been a member in both Missouri and Kansas. She served on the Educational Excellence Committee and currently serves as Beta Rho Chapter Vice President. Gail encourages members in the chapter and region to take advantage of Delta Kappa Gamma member opportunities and strives to become more involved at the state level.

## October Treasurer's Report Summary

Balance October 1, 2020	\$1,006.46
Deposits	\$100.00
Total Available	\$1106.46
Disbursements	\$0.00
Balance October 31, 2020	\$1006.46
Savings, September 15, 2020	\$1963.26

## Pumpkin Dump Cake



This cake sounds great. It makes its own syrup. I think I will give it a try!  
[Pumpkin Dump Cake](#)

## October 2020 Minutes

The October 20, 2020 meeting was called to order at 4:45 p.m. by President Ana Gonzalez. The virtual meeting was attended by 4 members.

The September Minutes were accepted and filed as written.

### Business

Our Zeta Omega Birthday Celebration will be Tuesday, November 17, 2020 at Savannah Café, Highway 3, Webster, TX

Noelia Murphy will call for reservations.

### Chapter Program

The program on Care Giving Tips was presented by Becky Garner. Becky had some very important tips on how to care for a loved one while taking care of yourself.

Meeting adjourned at 6:19 p.m.

## Our Mission

The Delta Kappa Gamma Society International and Zeta Omega Chapter, Texas State Organization of The Delta Kappa Gamma Society International promote professional and personal growth of women educators and excellence in education.



YOU are the key